



Schizophrenia Research  
Foundation (I)

Annual Report  
2024 - 2025





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# BRAND VALUES

The brand value of Schizophrenia Research Foundation (I) lies in its expertise, commitment to research, patient centric approach, collaborations and public awareness efforts. By actively working in the field, building capacities to increase mental health workforce Schizophrenia Research Foundation (I) has established itself as a leading organization, driving positive change and offering hope to individuals and families affected with serious mental illness.

The Schizophrenia Research Foundation (SCARF), established in 1984, proudly marks 41 years of unwavering commitment to the care, rehabilitation, and empowerment of individuals living with severe mental disorders. Over the decades, SCARF has grown into a nationally and internationally recognized center of excellence in mental health. We are among the few non-governmental organizations worldwide to be designated as a World Health Organization (WHO) Collaborating Centre for Mental Health Research and Training, a distinction that reflects our sustained contributions to the field.

Our facilities at the Mental Health Centre in Anna Nagar include a well-functioning outpatient department, a structured day care center, and an inpatient ward providing intensive clinical care. Beyond institutional care, SCARF operates three residential rehabilitation facilities in Anna Nagar, Mahabalipuram, and Tambaram, offering holistic, long-term support to persons with chronic mental illness. We are also deeply engaged in community-based mental health programs that serve diverse urban and rural populations, ensuring access to care for underserved groups.

Research remains a cornerstone of our work. As a WHO Collaborating

Centre, SCARF plays a pivotal role in advancing mental health research and knowledge dissemination. Our biennial conference, ICONS, draws mental health professionals, researchers, and thought leaders from across the globe, fostering dialogue and innovation. We are also committed to training the next generation of mental health professionals, offering hands-on learning opportunities to students of psychology, social work, nursing, and occupational therapy.

Our advocacy initiatives aim to dismantle stigma and promote mental health literacy. Through the production of educational materials, outreach campaigns, and the popular Frame of Mind film festival, we engage the public in meaningful conversations around mental illness. Our Media for Mental Health award recognizes journalists who contribute responsibly and sensitively to mental health reporting, amplifying voices that foster understanding and compassion.

Over the past four decades, SCARF has remained at the forefront of clinical care, research, education, and advocacy, evolving continuously to meet the growing and changing needs of those affected by mental illness. Our journey reflects not just institutional growth, but a steadfast dedication to transforming lives with dignity, respect, and hope.

MEMBERS OF THE  
**BOARD OF MANAGEMENT**

**Mr.R. Seshasayee**  
Chairman

**Dr R.Thara**  
Vice Chair

**Dr.R.Padmavati**  
Secretary & Director

**MEMBERS**

**Mrs.C. K. Gariyali**

**Dr.Shantha Kamath**

**Mr.Jayaram Rangan**

**Dr.Suresh Sankarasubbaiyan**

**Mr C. SubbaReddy**

**Mr S. Sethuraman**

**Dr Bagyam Raghavan**

**Dr Girija Vaidyanathan**

**Mr Suhrit Parthasarathy**

## Governance of a Mental Health NGO in India

In India, where health has conventionally received low budgetary support from the union and state governments MH, in particular, has not been a priority,. A treatment gap of around 85% has been reported in the National Mental Health Survey of 2016 indicating that a large section of the population needing the services, especially in the rural areas are not accessing services. Mental health NGOs (MhNGO) have been attempting to fill this gap. These organisations are characteristically nonprofit, voluntary, and charitable organizations.

Governance in a not-for-profit mental health organization in India is a vital component that determines its effectiveness, credibility, and long-term impact. Given the sensitive nature of mental health and the stigma surrounding it, strong and ethical governance becomes even more essential. A well-governed MhNGO can ensure that its services are inclusive, rights-based, professionally delivered, and responsive to the needs of diverse communities. The Board of trustees or directors, depending on its legal structure—whether it is a trust, society, or a Section 8 company, is responsible for strategic oversight, legal compliance, financial integrity, clinical standards, patient confidentiality, and ethical service delivery. The fundamental role of this Board is to ensure the organization remains true to its mission.

Governance responsibility in ensuring that the MhNGO maintains transparency in their operations, financial management, and impact reporting, is a critical pillar. This in-

### CHAIRMAN'S NOTE



cludes directives for and monitoring of the regular financial audits, disclosures to regulatory bodies like the Income Tax Department and the Ministry of Corporate Affairs, and publishing annual reports. Transparency builds trust not only with donors and regulators but also with service users, who are often vulnerable and marginalized.

Ethical governance is particularly vital in mental health work. NGOs in this field deal with individuals who may be in crisis or experiencing severe psychological distress. This indicates that the governance mechanisms must ensure that services are delivered by qualified professionals and adhere to national mental health guidelines, such as those outlined in the Mental Healthcare Act, 2017. Boards must establish and monitor systems for patient rights, informed consent, grievance redressal, and protection against abuse or exploitation.

There is an increasing recognition that lived experience of mental illness brings critical insight into governance. Mental health NGOs in India are beginning to include peer advocates, caregivers, and individuals with psychosocial disabilities on their boards or in advisory roles to ensure that governance decisions reflect the realities of those they serve. It becomes the responsibility of the governance to focus on inclusivity and representation.

Mental health NGOs must navigate a complex landscape that includes public

stigma, policy gaps, and a shortage of trained professionals. The board's role in Strategic governance includes guiding long-term strategy, ensuring sustainability, forming partnerships with government and private institutions, and advocating for systemic change. Governance challenges, like donor-driven agendas that may divert focus from core priorities, limited board engagement due to lack of sectoral expertise, and difficulties in measuring impact, need to be addressed. Capacity-building programs, peer learning networks, and adoption of governance best practices can help navigate these challenges to help members of the Board of management to contribute efficiently.

In conclusion, governance in a mental health NGO in India must go beyond administrative oversight. It must embrace ethics, inclusivity, clinical responsibility, and strategic vision. Only through strong, accountable, and empathetic governance can mental health NGOs truly fulfill their mission of healing minds, challenging stigma, and strengthening community well-being.



**R Seshasayee**  
Chairman



# Annual General Body Meeting, 16<sup>th</sup> August 2025

## Secretary's Report

It gives me great pleasure to present this report for the period April 2024 to January 2025 — a significant phase in SCARF's journey marked by continued service expansion, research excellence, and impactful outreach.

This period has seen steadfast progress across our clinical services, research endeavors, psychosocial rehabilitation programs, and training initiatives. Our unwavering commitment to mental health care, particularly for persons with serious men-

tal illnesses, continues to be guided by innovation, inclusiveness, and compassion.

XI edition. Celebrating 40 years of SCARF during IConS and mela was organised by SCARF and many NGOs participated in the mela

Celebrating 40 years of SCARF: We used the conference as a platform to celebrate our 40th anniversary. The occasion was graced by Shri Arun Jain, Chairman and MD of Intellect Design Arena Ltd, as the Chief Guest, and Shri S. Viji, Chairman of Sundaram Finance Ltd, as the Guest of Honour.

Staff members who completed 25 years of service were felicitated with



Stand up show by Mr Jayachandran



40th Anniversary celebration

tal illnesses, continues to be guided by innovation, inclusiveness, and compassion.

The three important events that created great impact were International conference on Schizophrenia

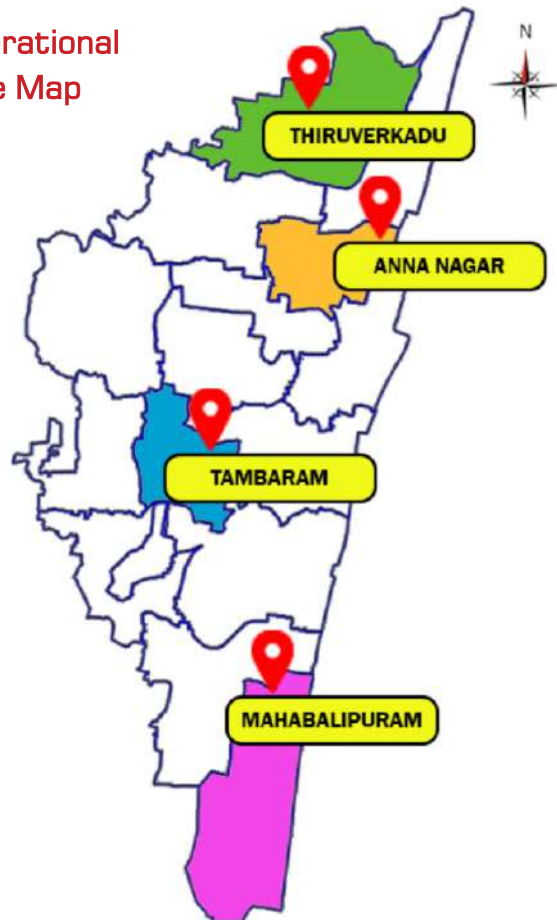
mementos and gifts, recognizing their long-standing dedication to SCARF's mission. A cultural performance by

Mr. Jayachandran, a professional theatre artist, added a creative touch to the celebration.



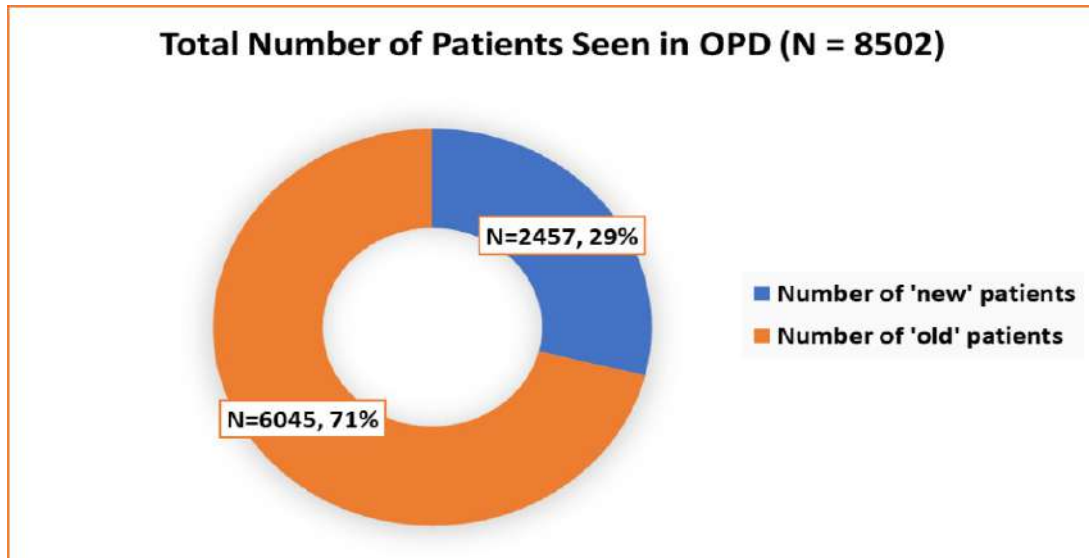
Ms Supriya Sahu inaugurating the mela held on 31st January 2025

### SCARF Operational Coverage Map



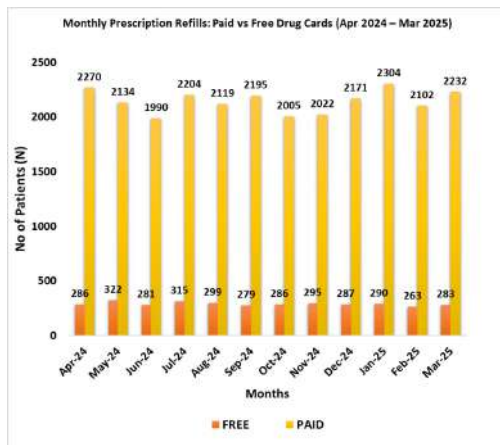
- Anna Nagar Sarada Menon Centre
- Thiruverkadu – Bhavishya Bhavan (BB)
- Mahabalipuram– Bhagwan Mahavir Manav Sanmarga Seva Kendra (BMMSSK )
- Tambaram – Sri T.S. Santhanam Centre (Dementia Care)

## CLINICAL SERVICE:



### Consultation and Medication Refill Statistics (Apr 2024 – Mar 2025)

Total number of consultations provided	28044
Average no. of consults per month	2337
Per month average – prescription refills	2146
Number of free drug cards per month	291



### Average Monthly Occupancy and Admissions – Apr 2024 – Mar 25

BMMSSK	BB	SMC
No. of beds Occupied 33	No. of beds Occupied 49	No. of beds Occupied 38
Stay more than 6 months 19	Stay more than 6 months 37	Stay more than 6 months 10
Lifetime patients 7	Lifetime patients 6	Lifetime patients 2
New Admissions 4	New Admissions 5	New Admissions 12




## PSYCHOSOCIAL REHABILITATION:

This year marked a period of meaningful growth, innovation, and impactful service delivery for the Department of Psychosocial Rehabilitation. With a continued commitment to person-centered care, the department expanded and deepened its core interventions including symptom management, cognitive enhancement, daily living skills, and family-based support.

	Apr 2024 - Mar 2025
No. of new referrals	91
Total no. of clients in Intervention	136

S No	Name of program	Number of programs	Number beneficiaries
1	Mental Health Recovery Program Group	3	25
2	Peer support program	Ongoing from June	3 Peer Support workers 38 Peer Receivers
3	Virtual physical activity Group	Ongoing	15
4	Yoga program (Facilitator: Ms.Meenakshi Nandakumar RYT 500 form Yoga Alliance )	1	19 Service users and their families
5	Monthly Caregiver education program	12	114

One of the most significant milestones was the formal launch of the Peer Support Program in June 2024, integrating individuals with lived experience into the recovery process. The impact has been profound, with peer receivers expressing deep connection and comfort in shared experiences. The second round of training for peer support workers also concluded successfully, enhancing the peer-led arm of our services.

Peer Support Workers	Receivers Feedback
 <b>Ms. Bhagyasundari</b>	"I felt very happy when I talk to the new person and share my feelings."
 <b>Mr. Aneerudh</b>	"I'm not a person who opens up easily. But with this program I felt relaxed and gained confidence. I could easily express my feelings and felt safe and it was very confidential."
 <b>Ms. Sharah J</b>	"She was able to understand me better than anybody else."

The Mental Health Recovery Program (MHRP) completed three structured batches, benefiting 25 individuals. Other clinical activities included virtual physical activity groups, yoga sessions, and a vibrant series of monthly caregiver education programs—each designed to build resilience, self-efficacy, and understanding among users and caregivers alike.



Doing role plays



Presenting an activity

Training and capacity building remained central, with certificate courses for mental health professionals, barefoot counsellors, and psychology students, alongside the department's flagship Fellowship in Psychosocial Rehabilitation, inaugurated under the NIHR PIECEs Project. The fellows' testimonials reflect transformative learning through field engagement, mentorship, and multi-disciplinary collaboration.



**Certificate course on psychosocial rehabilitation – 33 hours of integrated theory sessions, practicals, and field visit**

S.No	Participants	Mode	Number	Duration
1	Mental Health professionals students of Clinical psychology and social work	Hybrid	16	27th April - June 15th
2.	Barefoot counsellor	In person	4	4th April – 30 May
3.	Mental health Diploma students of SCARF	In person	10	May – June 2024
4.	PSR -WCC certificate Course	In person	42	November 2024
5.	PSR -MOP certificate Course	In person	54	February 2025



Our presence was felt nationally through research presentations at IConS 2024, the International Association for Women's Mental Health at NIMHANS, and training workshops for partner organizations including Richmond Fellowship and barefoot counselors in Wayanad.

Strategic collaborations with institutions like NIMHANS, RFS, and Craftizen Foundation have opened new avenues for community-based and vocational interventions.

**Fellowship for Psychosocial rehabilitation:** The department inaugurated its first Psychosocial Rehabilitation (PSR) Fellowship under the NIHR PIECEs Project. The inaugural fellows, Ms. Dolly T.D (Social Worker) and Ms. Aaliya Thahseen (Psychologist), completed their six-month fellowship focused on enhancing recovery-oriented practices through hands-on training, mentorship, and field-based learning.



The department also made a strong impact at The Revival Hub – SCARF's Mental Health Mela, promoting inclusion and empathy through interactive public engagement. The stall highlighted key aspects of rehabilitation, human rights, and the Peer Support Program. Interactive games allowed participants to experience the challenges faced by service users, fostering empathy and awareness.



Stall at the mental health Mela with visitors

Corporate support from Flex Foundation allowed us to run the program for 1 year. This enabled the initiation of work units, supervised by trained persons with lived experience. The funding culminated in June 2024. On August , 2024, we released the report at a function held at SCARF Auditorium. Ms Minu George and Ms Vidya Vijayragavan from Flex Foundation were the Chief guests. They felicitated the Unit Supervisors



This year, we not only reached more people but did so with greater depth, compassion, and creativity. We remain grateful to our service users, caregivers, fellows, and collaborating teams for joining us in this ongoing journey of recovery and empowerment.

## YOUTH MENTAL HEALTH DEPARTMENT:

The Department of Youth Mental Health (YMH) at SCARF continued its commitment to promoting adolescent and young adult mental health through clinical services, research, training, and community engagement. Our work during this period reflects expansion in both scale and innovation, grounded in evidence-based practices and youth participation.

Clinical care to children and adolescents is integrated into the clinical services at AnnaNagar, SCARF. This service offers consultations, medical treatments, psychological and psychosocial interventions for young people with anxiety, depression, and more serious mental health conditions like psychoses.

A dedicated team of staff are involved in delivering this service. This year has seen a burgeoning numbers of young persons accessing the facility. Evidence across the globe indicates the value of non-clinical service framework that has been found to have a critical impact for young persons. Adopting The OF/BY/FOR approach, the YMH team started the rYMs, a peer support program where young peer volunteers were trained to deal with problems of the youth. This on-going program offers social interventions in a non-clinical space, with the aim of promoting mental health, prevention, early identification and referral.





## TRAINING & CAPACITY BUILDING

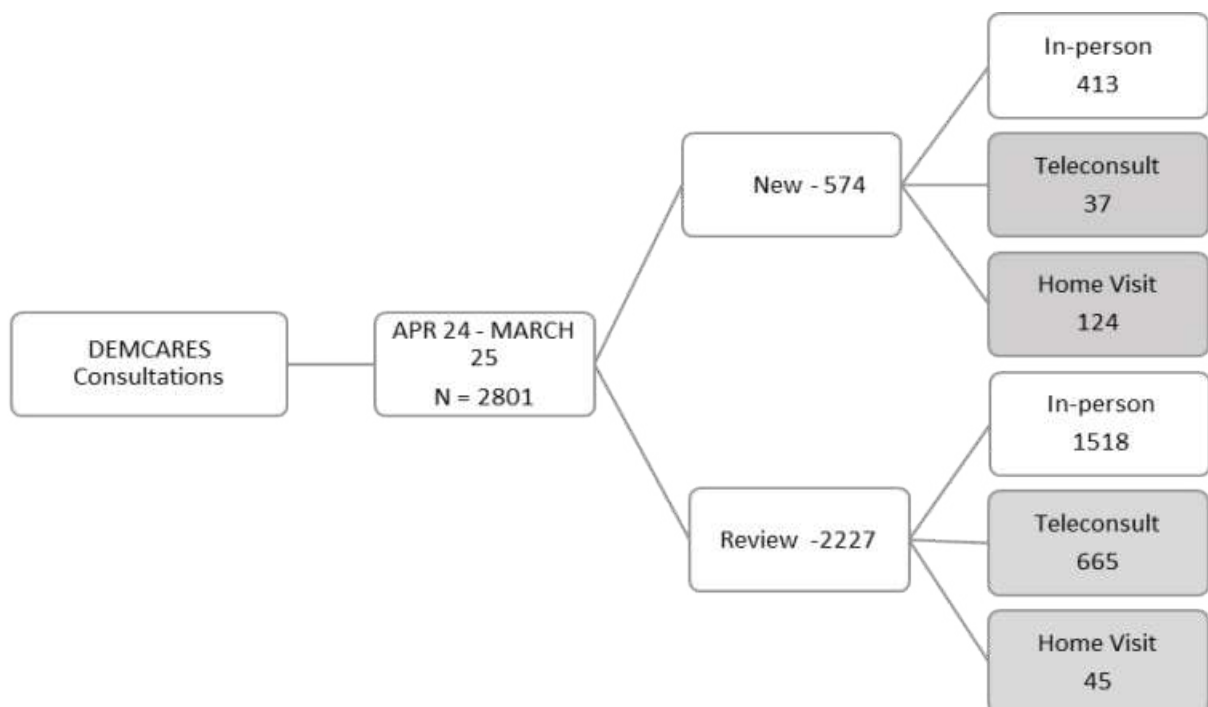
- Essential Intervention Skills (SAMVAD, NIMHANS) – 15-day program attended by 4 staff.
- Life Skills Education Workshop (Jan 2025) – 5-day intensive session aimed at enhancing strategies to support vulnerable children.
- Peer Support Volunteer (PSV) Training (KREA) – Online and in-person formats completed.

## OUTREACH & COMMUNITY ENGAGEMENT

YMH teams reached diverse stakeholders through targeted training and awareness sessions:

- Barefoot Counsellor Training – For Rohingya and Tibetan refugees.
- Staff and Teacher Training – At KREA University, RUWSEC, and model schools.
- Suicide Prevention Workshops – NIEPMD and VIT, reaching 400+ students and healthcare providers.
- Post-Crisis School Support – At Green Valley School, with 60 teachers trained, and 12 designated as mental health points of contact.

## DEMCARES



S.No	Number of patients	APR 24 TO MARCH 25
1	New patients through telemedicine	37
	Males	18
	Females	19
2	Review through telemedicine	665
	Males	251
	Females	414
3	New' patients in person	413
	Males	179
	Females	234
4	Review patients in person	1518
	Males	698
	Females	820
5	New patients through home visit	124
	Male	63
	Female	61
6	Review patients through home visit	44
	Male	16
	Female	28
7	Average no of Consultations per day (Consultants)	24
8	Number of patients seen by Case Managers for Interventions through Teleconsultation (BPSD management/ therapy/ brief calls)	637 (288F & 349M)
9	Number of patients seen by Case Managers for interventions in person (BPSD management/ therapy/ brief calls)	1298 (669M & 629F)
8	Average No. of reviews per day - Case Managers	15

### List of meetings, trainings, workshops & conferences attended:

1. 24-26th April 2024 - 36th Global Conference of Alzheimer's Disease International, Krakow, Poland. (DR SRIDHAR VAITHESWARAN, DR ANUSHA AND DR ROHITH KHANNA)
2. 3rd May 2024 - Brain Health India 2024 - Creative Brain Week Satellite, New Delhi, India (DR SRIDHAR VAITHESWARAN)

3. 13th June 2024 - International Dementia Academy South Asia meeting, Chennai, India. (DR SRIDHAR VAITHESWARAN)
4. 19th June 2024 - Invited lecture on "Dementia service delivery in a rural community in India" - Global Brain Health Institute, Trinity College, Dublin, Ireland. (DR SRIDHAR VAITHESWARAN)
5. Workshop - 17th -20th April at St Johns medical college Bangalore. Brief Course In Psychiatric Research - 4th edition (BCPR-4) - conducted by IPS SZ RCBC team (DR ANUSHA)
6. In-person seminar - 4th May 2024 - sleep dialogue - international speaker Program on Brain health (DR ANUSHA)
7. Bio-Ethics training SCARF -online - 11th May 2024 (DR ANUSHA)
8. Meeting - 1st June 2024 guest facilitator for a caregiver support group at The Dementia Care Foundation (TDCF) (DR ANUSHA)
9. Meeting - 6th June 2024 - meeting with the team at Karma Peak Brain Health center (DR ANUSHA)
10. Meeting - 13th June 2024 - International Dementia Academy South Asia meeting, Chennai, India (DR ANUSHA)
11. 14th and 15th of June - Cognitive Stimulation Therapy Training - Delivered to mental health professionals at SCARF, Anna Nagar (NIVEDITHA, KAHINI)
12. 7th April - TRL Narasimhan Annual Memorial Lecture, Importance of Dance for people with Parkinson's, Chennai (SHREENILA).
13. 9th April 2024 - Trainer - Geriatric Mental Health Training Course, MSSW, Chennai (BUSHRA)
14. 25th May 2024 - Key Speaker, Topic: Clinical and Counselling Psychology Prospects, ASPIRE College -Chennai (BUSHRA)
15. 13th June 2024 - Attendee - International Dementia Academy South Asia meeting, Chennai (BUSHRA)
16. September 13th and 14th – GERON 2024 – DR SRIDHAR VAITHESWARAN
17. 22nd September - World Alzheimer's month awareness program at chengalpet medical College – DR ANUSHA
18. 26th Sep 24 - Social Determinants of Mental Health Workshop, NIE ICMR – DR SRIDHAR VAITHESWARAN

19. 28th September - Dementia experience at CAA, scarf – DR ANUSHA
20. 26th October - Speaker at an awareness program in collaboration with dignity foundation at North madras – DR ANUSHA
21. 28th October - Neuropulse - RTMS Workshop - by Saveetha medical college – DR ANUSHA
22. 28th to 30th November 2024 – DEMCON 24 International Conference, Dementia India Alliance – Bengaluru - DR SRIDHAR VAITHESWARAN, DR ROHITH KHANNA, DR ANUSHA
23. 13th December 24 – Faculty of Old age Psychiatry Winter Conference 2024, Royal College of Psychiatrists. – DR SRIDHAR VAITHESWARAN
24. 05-07 Dec 2024 - Regional Conference of the World Association for Psychosocial Rehabilitation (WAPR-IC), Bengaluru – DR SRIDHAR VAITHESWARAN
25. 19th January 2025 - Sleep dialogue - speaker of the online Seminar – DR ANUSHA
26. 25th January 2025 - Tackling issues among elderly - state level conference - speaker on day 2 – DR ANUSHA
27. 21st January 2025 - ADI Webinar, Rehabilitation and Dementia: Global National and Personal Perspectives - KIRUTHIGA



## RESEARCH ACTIVITIES

SCARF's research activities are widely acknowledged globally. In keeping with the trends over the years, we have been actively engaged with funded collaborative international and national studies.

## FUNDED RESEARCH PROJECTS

- 1) ISOBAR - Implementing Early Mental & Physical Health Detection & Support:  
Promoting a Whole-School Approach to Health & Well-being  
Funding Agency: MRC, UK
- 2) JAMS: Juveniles Accessing mental health Services  
Funding Agency: Grand Challenges Canada
- 3) YiPEE (Youth co-Production for sustainable Engagement and Empowerment  
in health) Funding Agency: GACD-EU
- 4) STOPS - School based intervention using Theatre of the  
Oppressed for the Prevention of Suicide  
Funding Agency: ICMR
- 5) Life skills project  
Funding Agency: ICMR
- 6) Psychological Autopsy  
Funding Agency: Tamil Nadu Government
- 7) Developing a palliative care model for advanced dementia  
Funding Agency: Mrs Mina Swaminathan Dementia Research Fellowship
- 8) PIECEs project  
Funding Agency: NIHR, UK
- 9) Effectiveness of Virtual - Compensatory Cognitive Training (V-CCT) for  
improving cognition in persons with schizophrenia and  
related disorders - A multi- centre randomized controlled trial  
Funding Agency: ICMR
- 10) INTREPID III  
Funding Agency: MRC, UK
- 11) Mental Health Project for the Homeless people, in Chennai  
Funding Agency: Azim Premji Foundation
- 12) Mental Health for older adults in rural settings  
Funding Agency: Azim Premji Foundation
- 13) DIALOG + for anxiety and depression  
Funding Agency: ICMR
- 14) Stakeholders' needs and preferences for family interventions for persons  
with lived experience of psychosis in low- and  
middle-income countries— A global qualitative study  
Funding Agency: WHO/Wellcome Trust

SCARF continues its journey as a WHO Collaborating Centre leading pioneering work in mental health. Research spanning genetic studies, including the NAPRT1 variant linked to schizophrenia, and the Madras Longitudinal Study tracking outcomes over 25+ years or innovative psychosocial interventions have contributed richly to the mission of Research to Practice. With national and global collaborations, conferences, and academic training, SCARF's commitment to dissemination of research findings remains a priority. to advance mental health care, reducing stigma, and improving the quality of life for persons with mental disorders.

### **MEDIA AND AWARENESS:**

Dr Sarada Menon - caregiver award was presented on April 5th 2024. Ms Sneha Prakash of M/S Softeon Technologies presided the function.

An event in tamil was held on 18th May 2024 in continuation of the 40years of SCARF. Dr Sudha Seshayyan, Mr R Venkatesh and Ms Bharathi Baskar spoke



at the event. It was well publicised and well covered in the media.

On the event, world schizophrenia day, people with lived experience conducted a program at The Vani Mahal. A panel discussion was held on 24th May 2024. Dr Suresh-kumar was the chief guest of the event.

The film festival Frame of India in its 11th edition was held on 19th October 2024. Mr Ashok Selvan, actor was the chief guest and distributed prize winners for the short films





## EDUCATION & TRAINING

### Routine Activities:

The eighth batch of the MH course ended in the month of June 2024 and completed their Evaluation by July 2024. The certification of the eighth batch and the inauguration of the ninth batch was organized on 3rd August 2024. Dr. Lavanya, Head of the Department, Department of Psychology, University of Madras was the chief guest and she distributed the certificates to the students. Ninth batch has totally 12 students from varied background and Module 1 was started on 3rd August.

The syllabus of the Diploma Program was submitted to NIMHANS Board of Studies committee and they had recommended changes in the syllabus. All those changes were amended and the same was submitted again during June 2024. Awaiting response from NIMHANS regarding accreditation.

**Training for Clinical staff:** Psychotherapy training program for the clinical staff was started from June 2024 on 1st and 3rd Tuesdays of every month. A calendar for the first 3 months was prepared and so far, CBT for anxiety, depression, CBT for Psychosis were completed. Currently DBT sessions are happening.

**MRC Psych Program:** This year, the MRC Psych Program welcomed two new



candidates, who will be with us for a period of one year.

Orientation to Nursing Students: SCARF has established a Memorandum of Understanding (MOU) with GRT Nursing College to conduct a value-added course on "Psychological First Aid and Basic Counselling Skills." Approximately 80 undergraduate nursing students benefit from this 30-hour course annually. The current session took place from November 2024 to January 2025. Additionally, a one-day workshop on "General Hospital Psychiatric Emergencies" was conducted for the same batch of students on October 22, 2024. SCARF also regularly collaborates with MMM College, providing classes on mental health topics to nursing students. Psychiatrists from SCARF conducted December 2024 classes.



Barefoot Counsellors Training Program at Wayanad: In response to the Catholic Relief Services' (CRS) request, SCARF conducted a training program for barefoot counsellors identified by three NGO partners in Wayanad. The program aimed to equip participants with the skills necessary to provide psycho-social support to flood and landslide victims. The 14-day training, spread over four months, commenced in October and covered essential topics such as basic counselling skills, psychological first aid during disasters, and understanding trauma. Six resource persons from SCARF contributed to the program, which received overwhelmingly positive feedback from participants. The comprehensive curriculum and expert train-





ers effectively empowered participants with the necessary skills, knowledge, and confidence.

. Training given to Barefoot counsellors at Wayanad

With the successful launch of SCARF Training Academy for Education and Research (STAR), we have witnessed a significant surge in requests from diverse organizations, NGOs, and colleges seeking our expertise in conducting mental health awareness programs, workshops on specialized topics such as emotional well-being, and stress management sessions for corporate entities. As we look ahead to the upcoming year, our calendar is filled with a plethora of exciting activities and initiatives that promise to promote mental health awareness and education



## ADMINISTRATION

The department has ably taken care of all compliances pertaining to various licenses need to run the organisation. The periodic inspection of the safety precautions is undertaken internally. It is conducted twice in a year. The reports of the safety inspections were reviewed. All the fire and electrical safety measures (Alarms/ Extinguishers) were in place and monitored, Training on fire safety measure and evacuation plan was done at periodic intervals

## FINANCE

All statutory compliances are in place. Monthly remittances of EPF & ESI filed. SCARF continues to maintain financial integrity ensuring transparent, accountable, and ethical use of resources to fulfil its mission. Accurate accounting, regular audits, compliance with legal and donor requirements, and prudent budgeting aligned to programme priorities characterise the Finance operations.. Clear policies on procurement, expense approvals, and conflict of interest safeguard against misuse. Publicly available annual reports and donor communication enhance trust. By maintaining high standards of governance and fiscal discipline, we demonstrate credibility, attract support, and ensure that every rupee directly contributes to quality mental health care and community impact.

## APPOINTMENTS & RESIGNATIONS:

Research assistants have been recruited during this financial period for different projects. Few research assistants have been internally transferred to other projects. Some staff have resigned for moving to better opportunities



DR R PADMAVATI  
DIRECTOR/SECRETARY

## List of Donors

S NO	DONORS DETAILS	AMOUNT
1	Sundaram Finance	40,00,000
2	Zoho Corporation	25,00,000
3	R Pattabiraman	20,00,000
4	R Manonmani	20,00,000
5	M S Krishnan	20,00,000
6	Automotive Manufacturers Pvt Ltd	15,00,000
7	R Kuppuswamy	15,00,000
8	Avalon Technologies Limited	10,00,000
9	Ravishankar Seetharaman	9,00,000
10	Softeon India Pvt Ltd	5,00,000
11	Vidhu Purakayastha	5,00,000
12	Delphi TVS Technologies	5,00,000
13	C V Somasundaram	4,00,000
14	Talent India	3,00,000
15	Good Earth Maritime Pvt Ltd	3,00,000
16	Bharat Re Insurance Brokers Pvt Ltd	3,00,000
17	S Kannan	3,00,000
18	Bagyam Raghavan	3,00,000
19	Chellammal Narayanaswamy	3,00,000
20	Vrddhi Life Sciences	3,00,000
21	Dr R Thara	2,00,000
22	K I Sunil Simon	2,00,000
23	Dr Suryalakshmi chellapilla	2,00,000
24	Dr ShivaPrakash Srinivasan	2,00,000
25	Parameshwaran S Sundar	2,00,000
26	R Sundararajan	2,00,000
27	Vidhya Sundaram	2,00,000
28	Shree Sarita Jain Foundation Trust	2,00,000
29	S Kannan	2,00,000
30	Korcomptenz Consultancy Pvt Ltd	2,00,000
31	Depenning & Depenning Patents, Designs and Copyright	2,00,000
32	Shriram Chits Pvt Ltd	2,00,000
33	Dr R Padmavati	2,00,000
34	Soumya Swaminathan	1,70,000

35	Madhura Swaminathan	1,67,000
36	Nitya Rao	1,67,000
37	Guhanantha Trust	1,37,000
38	The EIMCO - KCP Ltd	1,25,000
39	Rajagopalan Ranganathan	1,25,000
40	Mariamamma Joseph	1,00,001
41	N S Kishore Kumar	1,00,001
42	Premakumari R	1,00,000
43	Tessy John	1,00,000
44	Meiyappan R	1,00,000
45	Sumi Marina Simon	1,00,000
46	K I Sunil Simon	1,00,000
47	Capt. K. Sebastian Joseph	1,00,000
48	Anuradha Siva Kumar	1,00,000
49	Captain Sekar Srinivasan	1,00,000
50	M Anandamurugan	1,00,000
51	K I Sudhir Mathulla	1,00,000
52	N Rangaprasad	1,00,000
53	Dr Kavita Raja	1,00,000
54	Ashok Balagopal	1,00,000
55	Aswath Venkataramana Rao	1,00,000
56	Chitra Gopalakrishnan	1,00,000
57	Ravishankar Seetharaman	1,00,000
58	P N Aruna	1,00,000
59	Ram Rangan	1,00,000
60	Sarangan Rajesh Kumar	1,00,000
61	Mani R S	1,00,000
62	Arogya AshramaSamithi	1,00,000
63	Enmas EPC Power Projects	1,00,000

#### TAX EXEMPTION

Donors can avail exemption

1. 100% under section 35(1) (ii) towards Scientific Research
2. 50% exemption under section 80G

## INDEPENDENT AUDITORS' REPORT

The Members of  
Schizophrenia Research Foundation (India)  
Chennai

### Opinion

We have audited the financial statements of Schizophrenia Research Foundation (India), which comprise the Balance Sheet as at 31st March 2025, the Statement of Income and Expenditure for the year ended 31st March 2025, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements of the entity are prepared in all material respects, in accordance with the accounting principles generally accepted in India and give a true and fair view in conformity with the accounting principles generally accepted in India, of the state of affairs of the Society as at 31st March, 2025, and its Excess of income over Expenditure for the year ended on that date.

### Basis for Opinion

We conducted our audit in accordance with the Standards on Auditing (SAs) issued by the Institute of Chartered Accountants of India. Our responsibilities under those Standards are further described in the Auditors' Responsibilities for the audit of financial statements section of our report. We are independent of the entity in accordance with the Code of Ethics issued by the Institute of Chartered Accountants of India and we have fulfilled our ethical responsibilities in accordance with the Code of Ethics. We believe that the audit evidence that we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Responsibilities of the Management and those charged with Governance for the financial statements

Management is responsible for the preparation of the financial statements in accordance with the Applicable Laws and other applicable accounting standards and policies generally accepted in India and for internal controls as Management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Management is responsible for assessing the entity's ability to continue as a going concern, considering as applicable,

matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the entity or to cease operations, or has no realistic alternative to do so.

Those charged with governance are responsible for overseeing the entity's financial reporting process.

### **Auditors' responsibility for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the SAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with SAs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain and audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we

conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant deficiencies in internal control that we identify during our audit.

We also provide those charged with governance with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships that bear on our independence, and where applicable, related safeguards.

### **Report on Other Legal and Regulatory Requirements**

1. We have sought and obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;

2. In our opinion, proper books of account as required by law have been kept by the Society so far as it appears from our examination of those books;

3. The Balance Sheet, the Statement of Income and Expenditure dealt with by this Report are in agreement with the books of account.

ICAI UDIN NO : 25020899BMISIR9365

Chennai

Date : 12.07.2025



# SCHIZOPHRENIA RESEARCH

## BALANCE SHEET AS

PARTICULARS	SCHEDULE	31.03.2025	31.03.2024
SOURCES OF FUNDS :		Rs	Rs.
1.NPO FUNDS			
i) Unrestricted Funds			
Corpus Fund	2	608.69	596.19
General Fund	3	946.00	946.00
Surplus	4	377.36	265.52
Total Unrestricted Funds		1,932.05	1,807.71
ii) Restricted Funds			
Building Fund	5	450.39	378.62
Funded Projects - Research Fund	6	257.37	384.46
Total Restricted Funds		707.75	763.08
2. NON CURRENT LIABILITIES			
(a) Other Long term liabilities	7	120.42	122.02
Total Non current Liabilities		120.42	122.02
3. CURRENT LIABILITIES			
Payables	8	2.13	2.43
a) Dues to micro small and medium enterprise		3.42	0.94
b) Dues to Others			
Total Current Liabilities		5.55	3.37
<b>TOTAL LIABILITIES</b>		<b>2,765.78</b>	<b>2,696.18</b>

For SCHIZOPHRENIA RESEARCH FOUNDATION (I)

Place : Chennai

Date :

For SNS. Associates  
Chartered Accountants  
(Firm Registration No.0062975)  
(S. Nagarajan)  
Partner Membership No.20899

Dr.R. Padmavati  
Director

Mr.R.Seshasayee  
Chairman



## FOUNDATION (I)

AT 31<sup>ST</sup> MARCH 2025

PARTICULARS	SCHEDULE	31.03.2025	31.03.2024
		Rs.	Rs.
APPLICATION OF FUNDS :			
1. Non Current Assets			
(a)Property, Plant and Equipment and Intangible assets			
(i)Property,Plant and Equipment	9(i)	565.66	564.70
(ii)Intangible Assets	9(ii)	8.59	2.89
(b) Long term loans and advances	10	7.72	7.28
Total Non Current Assets		581.97	574.87
2. Current Assets			
(i)Inventories	11	34.85	25.81
(ii)Receivables	12	36.54	23.70
(iii)Cash and Bank balances	13	2,074.92	2,048.13
(iv)Other Current Assets	14	37.49	23.67
Total Current Assets		2,183.80	2,121.31
<b>TOTAL ASSETS</b>		<b>2,765.78</b>	<b>2,696.18</b>

Schedule 1 Notes to Accounts and  
Schedules 2 to 14 form part of this Balance Sheet  
Vide our report of even date attached

Place : Chennai  
Date :

For SCHIZOPHRENIA RESEARCH FOUNDATION (I)

For SNS.Associates  
Chartered Accountants  
(Firm Registration No.0062975)  
(S.Nagarajan)  
Partner Membership No.20899

Dr.R.Padmavati  
Director

Mr.R.Seshasayee  
Chairman

**SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)**  
**STATEMENT OF INCOME AND EXPENDITURE FOR THE YEAR ENDED 31.03.2025**

PARTICULARS	31.03.2025				31.03.2024		
	Rs.				Rs.		
I. INCOME	SCHED- ULES	UNRESTRICTED FUNDS	RESTRICTED FUNDS	TOTAL	UNRESTRICTED FUNDS	RESTRICTED FUNDS	TOTAL
(a) Donations and Grants	15	181.55	113.98	295.52	248.07	106.12	354.19
(b) Fees from Services	16	550.94	-	550.94	508.60	-	508.60
(c) Sale of Medicines	17	228.75	-	228.75	199.19	-	199.19
II. Other Income	18	115.91	70.62	186.52	91.22	-	91.22
III. TOTAL INCOME		<b>1,077.14</b>	<b>184.59</b>	<b>1,261.73</b>	<b>1,047.08</b>	<b>106.12</b>	<b>1,153.20</b>
IV. EXPENDITURE							
(a) Material Consumed	19	170.22	-	170.22	144.51	-	144.51
(b) Employee Benefit Expenses	20	439.04	78.59	517.63	348.14	98.09	446.24
(c ) Depreciation	9(i)(ii)	43.61	-	43.61	37.98	-	37.98
(d) Other Expenses	21	305.40	113.03	418.43	275.09	54.07	329.16
TOTAL EXPENSES		<b>958.27</b>	<b>191.61</b>	<b>1,149.89</b>	<b>805.72</b>	<b>152.17</b>	<b>957.89</b>

V. Excess of Income over expenditure for the year

before exceptional and extraordinary items (III-IV)

VI. Exceptional items

VII. Excess of Income over expenditure for the year

after exceptional items ( V-VI)

VIII. Extraordinary Items

IX. Excess of Income over the expenditure for the year (VII-VIII)

X. Appropriations transfers to funds

XI. Balance transferred to General Fund

**195.31**

-

**195.31**

-

**195.31**

-

-

For SCHIZOPHRENIA RESEARCH FOUNDATION (I)

For SNS, Associates Chartered

Accountants

(Firm Registration

No.0062975)(S. Nagarajan)

Partner Membership No. 20899

Chennai

Dated : 12.07.2025

Dr.R. Padmavati

Director

Mr.R. Seshasayee  
Chairman

# SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

SCHEDULES FORMING PART OF BALANCE SHEET AS AT  
31ST MARCH 2025

## PARTICULARS

31.03.2025  
Rs in Lakhs

31.03.2024  
Rs in Lakhs

### SCHEDULE 2 - Corpus fund

Corpus - Balance at the  
beginning of the year  
Add : Corpus donations  
received during the year

596.19

586.19

12.50

10.00

608.69

596.19

### SCHEDULE 3 - General fund

General fund

946.00

946.00

946.00

946.00

### SCHEDULE 4- Surplus

Surplus - Balance at the  
beginning of the year

265.52

70.20

Add: Excess of  
Income over expenditure

111.84

195.31

377.36

265.52

**SCHEDULE 5 - Building Fund**  
**RESIDENTIAL CENTRE**

Balance at the beginning of the year - Bhavishya Bhavan	27.32	18.42
Add : Received During the year	86.11	8.90
	<b>113.43</b>	<b>27.32</b>
Balance at the beginning of the year - Bhagwan Mahavir Manav Sanmarga		
Seva Kendra	50.79	15.69
Add : Received During the year	23.60	35.10
	74.39	50.79
Less: Depreciation on Building	0.36	-
	74.03	50.79
Less: Revenue expenses incurred during the year	24.06	-
	<b>49.97</b>	<b>50.79</b>
Balance at the beginning of the year - SMRC	19.94	19.94
Add : Received During the year	-	-
	19.94	19.94
<b>(A)</b>	<b>183.33</b>	<b>98.04</b>
Balance at the beginning of the year - TSS Centre	280.58	294.82
Less: Depreciation on Dementia building	13.53	14.24
<b>(B)</b>	<b>267.06</b>	<b>280.58</b>
<b>(A+B)</b>	<b>450.39</b>	<b>378.62</b>

**SCHEDULE 6 -FUNDED PROJECTS**

**Foreign Currency**

Grant - University of Warwick. ISOBAR Study	(13.84)	-12.80
Grant - QMUL, London [ PIECEs - Study ]	(2.33)	17.68
Grant - Flex Foundation U.S.	2.81	14.41
Grant - CitiesRise Templeton	5.31	4.16
Grant - Grand Challenges Canada	21.96	-
Grant - Kings College - INTREPID III	49.80	43.33
Grant - Indira Foundation, U.S.A.	(2.51)	13.00
Grant - CitiesRise RIST	10.16	23.25
Grant - University of Queensland [ Clinical Trial]	3.15	10.62
Grant -CitiesRise - Yipee Project	25.42	13.21
Scarf Sujit John Research Fellow Ship	5.02	-
<b>TOTAL (A)</b>	<b>104.95</b>	<b>126.86</b>

**Indian Currency**

Grant - Science & Tech Dept, GOI (Satyam Project)	0.99	2.18
Grant- Azim Premji Philanthropic Initiatives Pvt Limited	27.70	200.38
Grant - Vibronica Clinical Trial	0.46	0.39
Grant - ICMR [ V CCT]	22.86	28.63
Grant - ICMR [ STOP]	21.63	26.01
Grant - ICMR Low Cost App-based Intervention Dialog	57.91	-
Grant - ICMR Life Skills Project	3.78	-
Grant- Azim Premji Philanthropic Initiatives Private Limited [ No. G2411 - 21223]	(0.45)	-
Grant - Giving Matters Foundation	2.31	-
Grant - The Summar Groups CSR Trust	5.22	-
<b>TOTAL (B)</b>	<b>152.42</b>	<b>257.60</b>
<b>TOTAL (A)+(B)</b>	<b>257.37</b>	<b>384.46</b>

**SCHEDULE 7 - Other Long term Liabilities****Other payables**

(a)Refundable Deposit	26.38	22.29
(b)Advances & Deposits from clients	94.04	99.73
	<b>120.42</b>	<b>122.02</b>

**SCHEDULE 8 - Current Liabilities****Payables**

a) Dues to micro small and medium enterprise	2.13	2.43
b) Dues to Other than micro small and medium enterprise	3.42	0.94
	<b>5.55</b>	<b>3.37</b>

Disclosure relating to supplies registered under MSMED Act based on the information available with the Trust

Principal	2.13	2.43
Interest	-	-

**SCHEDULE 9(i) - Property, Plant and Equipment**

PARTICULARS	GROSS BLOCK			DEPRECIATION BLOCK			NET BLOCK	
	BALANCE AS ON 01.04. 2024	ADDI- TIONS/ (DELE- TIONS)	BALANCE AS ON 31.03. 2025	UPTO 31.03. 2024	FOR THE YEAR	UPTO 31.03. 2025	31.03. 2024	31.03. 2025
	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.
Gifted Assets - LAND	10.96	-	10.96	-	-	-	10.96	10.96
Buildings	474.46	20.86	495.32	-	24.26	24.26	474.46	471.06
Office equipment	29.50	23.37	52.88	-	10.84	10.84	29.50	42.04
Electrical and Fixtures	12.27	4.34	16.61	-	3.77	3.77	12.27	12.84
Furniture & Fixtures	5.99	0.88	6.87	-	1.12	1.12	5.99	5.75
Vehicles	23.68	1.07	24.74	-	6.19	6.19	23.68	18.56
Computers	7.84	3.02	10.86	-	6.40	6.40	7.84	4.46
TOTAL	564.70	53.54	618.24	-	52.58	52.58	564.70	565.66
9(ii)Software - Intangible Assets	2.89	10.62	13.51	-	4.92	4.92	2.89	8.59
GRAND TOTAL	567.59	64.16	631.75	-	57.50	57.50	567.59	574.25

Note: Additions to fixed assets includes:- Rs. 12 representing items of Furniture & Fittings donated in Kind, fair value of which is Rs. 8000/-  
Rs. 4 representing items of Office Equipments donated in Kind, fair value of which is Rs. 12,500/-

**SCHEDULE 10 - Long term loans and advances**

Others	7.72	7.28
Deposits	<b>7.72</b>	<b>7.28</b>

**CURRENT ASSETS****SCHEDULE 11- Inventories - Stock of Medicines****SCHEDULE 12 - Receivables**

Unsecured ,Considered good -

Outstanding Less than 6 months

**SCHEDULE 13 - Cash & Bank balances**

Cash in Hand

Cash at bank

**DESIGNATED FUNDS**

State Bank Of India - Current account

State Bank Of India - Savings account

ICICI Bank -savings account

T.N.S.C.Bank - savings account

**OTHERS****SAVINGS ACCOUNT**

Union Bank of India

Bank of Maharashtra

ICICI Bank

Equitas Bank

T.N.S.C Bank

**CURRENT ACCOUNT**

State Bank Of India

**FIXED DEPOSITS****EARMARKED DEPOSITS**

Deposits for Corpus fund

Deposits for Building Fund

Deposits for Designated accounts

Deposits for General Funds

**SCHEDULE 14 - Other Current assets**

Advances

Prepaid Expenses

TDS on Income

Interest Receivable

7.72	7.28
<b>7.72</b>	<b>7.28</b>
34.85	25.81
<b>34.85</b>	<b>25.81</b>
36.54	23.70
<b>36.54</b>	<b>23.70</b>
0.44	-
0.44	-
147.62	54.20
52.89	25.28
47.27	74.49
10.04	9.20
<b>257.82</b>	<b>163.17</b>
6.65	11.78
6.21	-
144.05	96.80
14.66	49.26
16.52	19.30
<b>188.10</b>	<b>177.15</b>
15.95	31.81
<b>15.95</b>	<b>31.81</b>
609.50	597.00
181.71	98.00
85.00	340.00
<b>876.21</b>	<b>1,035.00</b>
736.40	641.00
<b>736.40</b>	<b>641.00</b>
<b>2,074.92</b>	<b>2,048.13</b>
5.20	3.94
5.72	5.79
7.96	6.74
18.61	7.21
<b>37.49</b>	<b>23.67</b>

Place : Chennai

Date :

For SCHIZOPHRENIA RESEARCH FOUNDATION (I)

For SNS.Associates

Chartered Accountants

(Firm Registration No.0062975)

(S.Nagarajan)

Partner Membership No.20899

Dr.R.Padmavati  
DirectorMr.R.Seshasayee  
Chairman

# SCHIZOPHRENIA RESEARCH FOUNDATION (I)

## INCOME & EXPENDITURE SCHEDULES AT 31<sup>ST</sup> MARCH 2025

S.NO	PARTICULARS		31.03.2025		31.03.2024	
			Rs.		Rs.	
		SUB SCHED- ULES	UNREST RICTED FUNDS	REST RICTED FUNDS	UNREST RICTED FUNDS	REST RICTED FUNDS
I	<b>INCOME</b>					
a)	DONATION & GRANTS	15				
	General Donation		67.18	-	171.69	-
	Donation - CSR		110.25	-	60.55	-
	Donation - FCRA		4.12	-	15.83	-
	Donation for Scientific Research		-	93.98	-	64.49
	Donation in Kind		0.00	-	0.00	-
	Grant from Research		-	-	-	21.63
	Grant from Tamil Nadu		-	20.00	-	20.00
			<b>181.55</b>	<b>113.98</b>	<b>248.07</b>	<b>106.12</b>
b)	FEES FROM SERVICES	16				
	E.C.T.- Fee from Patients		3.96	-	3.69	-
	E.C.G.- Fee from Patients		0.29	-	-	-



# SCHIZOPHRENIA RESEARCH FOUNDATION (I)

## INCOME & EXPENDITURE SCHEDULES AT 31<sup>ST</sup> MARCH 2025

Contribution for Medicine for Poor Patients	0.45	-	-	-
Contribution for Lunch	-	-	0.60	-
Contribution for Awareness Program	-	-	3.09	-
Client Regis- tration Fee	47.31	-	43.95	-
Teleconsulta- tion / Therapy Fee	5.74	-	5.12	-
Psychosocial Rehabilitation Training Income	2.95	-	1.86	-
Diploma course - Men- tal Health and Counselling	6.90	-	6.95	-
Diplomate of National Board - Fee	0.23	-	-	-
Training fee from students	12.16	-	-	-
Training Pro- gram fee - Conducted in Colleges / Companies	3.16	-	11.57	-
Training Fee on Youth Mental Health	9.93	-	-	-
Admission Fee	6.24	-	6.14	-

# SCHIZOPHRENIA RESEARCH FOUNDATION (I)

## INCOME & EXPENDITURE SCHEDULES AT 31<sup>ST</sup> MARCH 2025

	Inpatient - Bills		447.28	-	421.77	-
	Sale of Work Unit items		4.35	-	3.86	-
			<b>550.94</b>	-	<b>508.60</b>	-
c)	SALE OF GOODS - MEDICINES	17	228.75		199.19	
			<b>228.75</b>	-	<b>199.19</b>	
II	OTHER INCOME	18				
	Interest on Fixed deposits		102.84	-	83.78	-
	Interest on Savings bank Account		8.24	-	6.87	-
	Interest from IT Refund		0.24	-	0.14	-
	Profit on Sale of Fixed asset		2.44	-	-	-
	Registration fee for ICONS		-	70.62	-	-
	Insurance Claims		1.84	-	-	-
	Sundry Receipts		0.31	-	0.43	-
			115.91	70.62	91.22	-
III	<b>Total Income</b>		<b>1,077.14</b>	<b>184.59</b>	<b>1,047.08</b>	<b>106.12</b>

## SCHIZOPHRENIA RESEARCH FOUNDATION (I)

INCOME & EXPENDITURE SCHEDULES AT 31<sup>ST</sup> MARCH 2025

S.NO	PARTICULARS		31.03.2025		31.03.2024	
			Rs.		Rs.	
			UNRESTRICTED FUNDS	RESTRICTED FUNDS	UNRESTRICTED FUNDS	RESTRICTED FUNDS
IV	<b>EXPENSES</b>					
a)	<b>COST OF GOODS SOLD</b>					
	Inventory at the beginning of the year	19	25.55	-	32.95	-
	Add : Purchases during the year		179.15	-	137.10	-
			204.69	-	170.06	-
	Less : Inventory at the end of the year		34.47	-	25.55	-
			<b>170.22</b>	<b>-</b>	<b>144.51</b>	<b>-</b>
b)	<b>EMPLOYEE BENEFIT EXPENSES</b>	20				
	Salary		395.79	74.13	312.47	89.42
	Contribution to PF & Other funds		24.91	2.12	22.01	3.21
	Gratuity		8.87	1.41	4.53	2.96
	Staff Welfare		9.47	0.93	9.13	2.50
			<b>439.04</b>	<b>78.59</b>	<b>348.14</b>	<b>98.09</b>
c)	<b>DEPRECIATION</b>	9(i)(ii)	57.50		52.22	
	Less: Depreciation on assets funded by Dementia building fund (see note no.4 )		13.53		14.24	

# SCHIZOPHRENIA RESEARCH FOUNDATION (I)

## INCOME & EXPENDITURE SCHEDULES AT 31<sup>ST</sup> MARCH 2025

	Less: Depreciation on assets funded by BMMSSK building fund	0.36		-	
		43.61		37.98	
d)	OTHER EXPENSES :	21			
	Power & Fuel Charges	3.67	4.44	3.68	4.31
	Rent	0.85	-	0.85	
	Insurance	3.32	0.67	2.69	0.91
	Repairs & Maintenance	19.29	10.29	17.47	4.90
	Rates & Taxes	4.00	1.33	4.13	1.03
	Audit Fees				
	For Statutory	1.77	-	1.77	-
	Other Services	0.21	-	0.27	-
	Local Fund Audit Fee	-	0.19	-	0.29
	Professional charges	0.65	-	0.89	-
	Miscellaneous Expenses	61.07	8.72	46.27	7.15
	Free Medicine - O.P.D.	-	20.05	-	16.83

# SCHIZOPHRENIA RESEARCH FOUNDATION (I)

## INCOME & EXPENDITURE SCHEDULES AT 31<sup>ST</sup> MARCH 2025

STEP - Program cost	12.22	-	12.22	-
Grant - World Health Organization CMHS	-	-	-	12.67
Food Expenditure	50.62	-	49.82	-
Maintenance Cost	30.10	-	27.96	-
Client Expenses	12.54	-	12.35	-
Medicines for Clients	67.44	-	38.41	-
Consultant Fee	16.77	-	28.84	-
Boarding Expenses	11.54	-	11.57	-
Inpatient Acute Care Treatment	9.36	2.94	6.76	3.14
Meeting expenses	-	-	9.13	-
ICONS - Expenses	-	64.41	-	2.85
	<b>305.40</b>	<b>113.03</b>	<b>275.09</b>	<b>54.07</b>
<b>Total Expenses</b>	<b>958.27</b>	<b>191.61</b>	<b>805.72</b>	<b>152.17</b>

Place : Chennai  
Date :

For SCHIZOPHRENIA RESEARCH FOUNDATION (I)

For SNS.Associates  
Chartered Accountants  
(Firm Registration No.0062975)  
(S.Nagarajan)  
Partner Membership No.20899

Dr.R.Padmavati  
Director

Mr.R.Seshasayee  
Chairman

# SCHIZOPHRENIA RESEARCH FOUNDATION (I)

## NOTES FORMING PART OF FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

### 1. ORGANIZATION BACKGROUND

Schizophrenia Research Foundation (India) ("the Society") is registered under the Tamil Nadu Societies Registration Act, 1975 bearing Registration S.No.24 of 1984. The object of the Society is the treatment & rehabilitation of the mentally ill, Research, Teaching & Training, Public awareness to remove the stigma of mental illness, Community mental health.

The Society is also registered under section 12AA of the Income tax Act, 1961. ("The Act") The Society has obtained the exemption under section 35(1)(ii) of the Act for donations received for carrying out scientific research and under section 80G of the Act for the general donations received.

The Society is also registered under the Foreign Contribution Regulation Act, with Registration No.075900399 and the same is valid up to 1st January, 2027

The Society is registered under Government of India. Ministry of Corporate Affairs, Office of the Registrar of Companies for undertaking CSR activities and the Registration number is CSR00000884

### 2. SIGNIFICANT ACCOUNTING POLICIES

#### a) Basis of Accounting

The society generally follows mercantile system of ac-



counting except for the funds received to implement projects which are accounted on receipt basis.

### **b) Use of Estimates**

The preparation of the financial statements in conformity with generally accepted accounting principles requires the Management to make estimates and assumptions in order to arrive at the reported amounts of assets and liabilities and the reported income and expenditure during the year. The Management believes that the estimates used in the preparation of the financial statements are prudent and reasonable. Future results could differ from these estimates and the differences between the actuals and the estimates are recognized in the periods in which the actual amounts are known/materialize.

### **c) Building Fund**

Contributions received specifically for Construction of Buildings are Credited to Building Fund. Buildings Constructed by utilizing these funds, are Capitalized under Fixed Assets. The Depreciation attributable to buildings constructed out of such funds is charged against the Fund. Amounts utilized for revenue expenses for buildings are charged to the said fund in the year of incurrence.

### **d) Property Plant & Equipment**

i) All Property, Plant & Equipment (PPE) are stated at cost less accumulated depreciation/amortization and impairment losses, if any. Cost of acquisition includes taxes, duties, freight and other incidental expenses relating to acquisition and installation.

ii) PPE funded/purchased out of specific projects/grants, are capitalized at a nominal value of Rupee one.

iii) PPE gifted to the Society are capitalized at a nominal value of Rupee one. The expenses in connection with the asset like registration, installation, improvements, etc., are also capitalized and depreciated in accordance with the accounting policy of the Society. The fair values of the

assets gifted are disclosed by way of a note in the accounts.

iv) Intangible assets are capitalized at cost and depreciated at 60%, on written down value basis. The value of software is reassessed for value wherever there is indication of reduction in the carrying value.

v) Buildings, construction of which are completed by utilizing the donations received for 'Building fund' are capitalized and the depreciation for those buildings to the extent attributable to the utilization of Building fund is debited to the fund.

vi) Since inception, the Society has not maintained the Gross value of assets & Depreciation Reserve separately in the books of account. Only the net written down values (WDV) are maintained in books. In order to comply with the new format prescribed by the ICAI, from this year onwards, the WDV as on 31.03.2024 is taken as opening gross block. Depreciation Reserve Account has been created from this year onwards in the books.

### e) Depreciation

All Fixed Assets costing less than Rs.5000/- are fully depreciated in the year of purchase.

Depreciation on other fixed assets has been provided on written down value basis at the following rates:

NATURE OF ASSETS	PERCENTAGE
Office Equipment	25%
Medical Equipment	25%
Furniture & Fittings	15%
Electrical Installation	25%
Kitchen Equipment	25%
Vehicles	25%
Building	5%
Computer	60%
Software	60%

Depreciation on assets specifically funded is charged to the respective Fund account.

### **f) Inventories**

Inventories are valued at the lower of cost & net realizable values.

### **g) Provisions & Contingencies**

i) Provision is recognised in respect of present obligation requiring settlement by outflow of resources and of which reliable estimate of the amount of obligation could be made.

ii) Contingent liability is not recognized and is disclosed unless possibility of outflow of resource embodying economic benefit is remote. Present obligation arising from the past events and the existence of which is subject to occurrence or non-occurrence of an uncertain future event is disclosed

### **h) Income recognition**

#### **i) Grants and donations**

Donations are accounted for in the year of receipt. Government Grants are accounted for, on becoming due or on being sanctioned, whichever is earlier. Donations received are classified under various activities based on the instructions of the donors at the time of making the donations. Donations received without any specific instructions are classified under Mental Health Awareness activity.

#### **ii) Grants for specific/funded projects**

Grants received for specific projects/ funded projects are credited to the respective project fund account. The direct expenditure incurred for carrying out these projects is charged to the fund account. Indirect expenses are allocated to the respective projects on the basis of the internal documents and project documents and credited to the respective expenditure in the Income and Expenditure Account.

#### **iii) Interest**

Interest on deposits/investments is accounted for on accrual basis.

#### **iv) Billing to clients/inpatients**

Billing to clients/inpatients is accounted for on due basis.

#### **i) Accounting for foreign exchange fluctuation**

The foreign currency transactions are accounted for at the exchange rates prevailing on the date of transactions. The fluctuation variation in respect of foreign currency transactions remaining unsettled as at the end of the year are translated at the rates prevailing on the last day of the year. Any income or expense on account of exchange difference during the year is recognized in the income and expenditure account.

#### **j) Income tax**

The Society is exempt from income tax under section 12AA of the Income tax Act, 1961 and hence no provision for taxation is considered necessary. Since the Society is exempt from income tax, no deferred tax asset/liability is required to be recognized in respect of timing differences.

#### **k) Employee Benefits**

i) Defined Contribution Schemes in the form of Provident Fund and Employees State Insurance are being charged to Profit and Loss Account as and when incurred.

ii) In respect of Company's liability for payment of gratuity, the same has been actuarially determined by LIC and payment is made to them.

3. The value of fixed assets funded/purchased and charged off to the respective project accounts in earlier years have been capitalized at nominal value of Rupee one & credited to General Fund.

4. a) During the year ended 31st March 2018, a donor had donated land and building to the Society. The said land and building have been capitalized at a nominal value of Rupee one only. The expenses incurred for the registration of the gift have been capitalized. The fair value of the property on the date of gift as per the registered document is Rs. 1,32,00,000/-.

b) Additions to fixed assets includes: - Rs. 12 representing items of Furniture & Fittings donated in Kind, fair value of which

is Rs. 8000/- and Rs. 4 representing items of Office Equipments donated in Kind, fair value of which is Rs. 12,500/-

5. The Financial Statements have been prepared for the current year in accordance with the format prescribed by the Institute of Chartered Accountants of India in Technical Guide on Guidance Note on Accounting for Not-For-Profit Organisations (NPO's). Consequently, the figures for the previous year have been regrouped to conform to the current year presentation.

Signatures to Schedules forming part of Accounts.

Place: Chennai

Date: 12.07.2025

# STAFF OF SCARF

At the heart of SCARF's work is a team of committed professionals who bring compassion, skill, and resilience to everything they do. Mental health care—especially in the area of long-term rehabilitation—demands not just clinical expertise but also immense patience and emotional strength. Each day presents its own challenges, particularly in residential care settings where the pace of recovery can be slow and complex issues often emerge. Yet, our team continues to meet these challenges with an unwavering sense of purpose. Their quiet strength, deep empathy, and relentless dedication ensure that our patients receive care that is not only effective, but also deeply human. It is this spirit that continues to define SCARF and move our mission forward. The present team is as follows:

## **CHAIR & MENTOR**

Dr. R. Thara

## **DIRECTOR**

Dr. R. Padmavati

## **JOINT DIRECTOR**

Ms. P. Karpagavalli (Clinical)

## **ASSISTANT DIRECTOR**

Dr. R. Mangala (Awareness)

Dr. T.C. Ramesh Kumar (Education)

Mr. D. Kotteswara Rao  
(Community Mental Health)

Ms. M. Renuka (Finance)

Dr. Sridhar Vaitheswaran (DEMCARES)

Dr. G. Subhashini

## **CONSULTANT PSYCHIATRISTS**

Dr. Shantha Kamath

Dr. G. Aarthi

Dr. T.C. Ramesh Kumar

Dr. S. Shiva Prakash

Dr. R. Mangala

Dr. Lakshmi Venkataraman

Dr. D. Vijayaraghavan

Dr. M. Sindhu

Dr. A. Pavitra

## **PROJECT COORDINATOR**

Ms. M. Greeshma

Ms. Sonia Sims

## **CASE MANAGER**

Ms. Hepsiba Omega Juliet

Mr. Immanuel Darshan

Ms. Priya

Ms. Helen Victory

Mr. Caleb

Ms. Reeba



**PSYCHOSOCIAL REHABILITATION  
CO-ORDINATOR**

Ms. Jainey Joseph

**STATISTICIAN**

Ms Jothilakshmi

**REHABILITATION / VTC**

Ms. Sarah Sweety Daniel

Ma Aishwarya

Mr. A.H.Raji

Ms. T.Renuka

**DEMENTIA CARE**

Dr. R.Vaishnavi

Ms. Saraswathi

Ms. Nivedhitha

**YOUTH MENTAL HEALTH  
RESEARCH PROJECTS**

Mr. J.R.Aynkaran

Ms. Sangeetha

Mr. S.Karthick

Mr. A.Kulandesu

Mr. P. P. Syjo Davis

Ms. K. Krishna Priya

Mr. P. Manikandan

Ms Kasthuri Divya

Ms. U. Vijayalakshmi

Ms. B. Abirami

Ms Anika Salomi

Ms V Kalaveena

Dr P R Karthikeyan

Mr Thariq Akthar

Mr Jagadeesan Seetu

**CHIEF ADMINISTRATIVE OFFICER**

Mr. R.Venkataraman

**ADMINISTRATIVE OFFICER**

Ms. V.Subhashini

**ADMINISTRATION**

Ms. K.Amutha

Ms. V. Mallika

Ms R. Prema

Ms. C.Premalatha

Ms. P.Saraswathi

Ms. G.Latha

Mr N. Mustafa

Mr Arunkumar

Mr. M.Palani

Ms. R.Manju

Mr P. Bharathiraja

Mr Raja

Ms. G. Satyapriya

Ms. R. Sivagami

Ms. M. Samundeeswari

**RESIDENTIAL CENTRES**

Bhavishya Bhavan – Thiruverkadu

Ms. A.Omana

Ms Janet Blessy

Ms. R.Vimala

Ms. C Chandira

Ms. Anushya

Ms. Meera

Ms. M.Vasanthi

Ms. Lakshmi

Mr. Mani

Mr Selvakumar

## **B.M.M.S.S.K. , MAMALLAPURAM**

Mr. Bagavathiraj

Mr. S.Senthil Kumar

Mr. Jesudass

Ms. S.Shanthi

Ms. S.Rani

Mr. Pachammal

Ms. Anjalai

Mr. Murugesan

## **DR.SARADA MENON CENTRE, CHENNAI**

Ms. Saroja Sahayarani

Ms. Rathika

Ms. D.Kalpana

Ms. Anbukkarasi

Ms. Pathimuthu

Ms. T. Gunaselvi

Ms. Kasthuri

Ms. Lalitha

Mr. Thirumal

## **PHARMACY**

Ms. P.Kanchana

Mr. Raja

Mr. S. Vellivel

Ms. T. Haripriya

## **TATA PROJECT:**

Mr. D. Sekar

Ms. M. Ambika

Ms. M. Bhuvaneswari

Ms. R. Jothi

Ms. S. Kavitha

Ms. T. Latha

Ms. P. Jayanthi

## **TSS CENTRE**

Mr. A. Niyasudeen

Ms. Parameswari

Ms. Pavitra

Ms. R. Rajarajeswari

Ms. T. Monika

Ms. Prema Mari

Ms. Shameem Ara

Ms. Sangeetha Paneerselvam

Ms. M. Shobana

Ms. V. Yuvasri

Ms. S. Priya

Ms. S. Gowri

Ms. V. Sathya

Ms. Meena Murugan

Ms. Malathi

Ms. Vidhya

Ms. Ambika

Mr. P. Babu

Ms. K. Yasin

Ms. Yogamangalam

## **APF PROJECT**

Dr. Anusha

Dr. Rohith Khanna

Mr. Kulandesu

Ms. Bushraa Taabeen

Ms. S. Kiruthika

Ms. H. Juvairiya Begum

Ms. E. Jeyasree

Ms. M. Kahini

Ms. P. Rajeswari

Mr. Prabhu

Mr. Premkumar





STAFF OF SCARF